**Are you getting psychic insights**

**but discover later that you are not**

**interpreting them correctly?**

**Join the club—Everyone has these experiences!**

**It’s called being human ☺**

**It’s part of learning.**

**The solution? -- Time and Practice!**

**When you first started developing**

**your psychic abilities,**

**did you get more accurate psychic hits than you are now?**

**This can happen.**

**Maybe you were initially surprised at your ability**

**--anxiety about that may get you stuck.**

**Maybe you are getting bored with the exercises.**

**Maybe there’s a block in the way.**

**Continue practicing.**

**What seeks answers**

**but only gets questions?**

**Curiosity.**

**Curiosity is the foundation of a strong psychic sense.** Instead of relying on what you know, curiosity (& intuition) leads you to consider

what you don’t know.

**Remember to disconnect after**

**doing psychic work:**

**(or when you feel overwhelmed)**

**Shake your hands.**

**Massage your feet.**

**Put your hand over your solar plexus.**

**Go outside and be in the green of Nature.**

**Wash your hands.**

**Do jumping jacks ☺**

**Connect with your body & ask:**

***“What’s going on?”***