**Are you getting psychic insights**

**but discover later that you are not**

**interpreting them correctly?**

**Join the club—Everyone has these experiences!**

**It’s called being human ☺**

**It’s part of learning.**

**The solution? -- Time and Practice!**

**When you first started developing**

**your psychic abilities,**

**did you get more accurate psychic hits than you are now?**

**This can happen.**

**Maybe you were initially surprised at your ability**

**--anxiety about that may get you stuck.**

**Maybe you are getting bored with the exercises.**

**Maybe there’s a block in the way.**

**Continue practicing.**

**What seeks answers**

**but only gets questions?**

**Curiosity.**

**Curiosity is the foundation of a strong psychic sense.** Instead of relying on what you know, curiosity (& intuition) leads you to consider

what you don’t know.

 **Remember to disconnect after**

 **doing psychic work:**

 **(or when you feel overwhelmed)**

 **Shake your hands.**

 **Massage your feet.**

 **Put your hand over your solar plexus.**

 **Go outside and be in the green of Nature.**

 **Wash your hands.**

 **Do jumping jacks ☺**

 **Connect with your body & ask:**

 ***“What’s going on?”***